

# Ready for risk-based payment models?

Team-based primary care is your smartest investment for your health system's long-term financial sustainability, and will help you thrive under new payment models.



## The four core principles of team-based care

### 1 Co-location

Co-locating the provider, RN, LPN, and MA in a single “flow station” where patient requests are directly addressed in real time through verbal messaging and desktop management

### 2 Pre-visit Planning

Implementing innovations in workflow to enhance the primary care experience for patients, providers, and support staff by embracing a proactive model of care

### 3 Daily Huddle

Holding a 5-minute daily huddle every morning with the entire care team, including front desk staff

### 4 4-Stage Office Visit

Leveraging the 4-stage office visit to maximize team efficiency

Stage 1: medical assistant/nurse gathers data

Stage 2: physician-patient interaction and synthesis of data

Stage 3: medical decision-making

Stage 4: patient education and plan-of-care implementation

Learn more at [PrimaryCareInsights.com](https://PrimaryCareInsights.com)



**Primary Care Insights**  
*Practice smarter.*



# Primary Care Insights

*Practice smarter.*

**Primary Care Insights will help you implement a team-based model of care, using a train-the-trainer approach that is scalable across your organization.**

## **We will provide:**

- Detailed analysis of your practice's financial and operational performance
- A one-hour introductory webinar with your teams
- A practice assessment, including 6+ data points
- A pre-onsite consult with your practice team
- A pre-implementation practice session with your IT personnel
- On-site implementation, working elbow-to-elbow with your practice teams
- Training for medical assistants, LPNs, RNs, and providers to use the four core principles of team-based primary care
- Working with reception, IT, education, and compliance personnel
- Ongoing support and fine-tuning
- Monthly follow-up coaching sessions
- Detailed analysis of your practice after implementation

**Heidi Larson, MD, MBA**, founder of Primary Care Insights, is a family physician with more than 25 years' clinical experience. She helps hospitals and health systems manage burgeoning costs and improve outcomes. As a primary care doctor with an MBA from Brandeis University, she understands how physicians struggle to practice quality care while shouldering significant regulatory and administrative challenges. She helps organizations implement the team-based care model in their practices to improve patient outcomes and ensure long-term financial sustainability.



Call for a free consultation  
**(207) 233-2502**  
PrimaryCareInsights.com